
Health and Wellbeing Board

19 March 2025

Report of the Director of Public Health

York's Joint Local Health and Wellbeing Strategy 2022-2032: Action Plan

Summary

1. In 2022, the Board conducted an extensive exercise including co-design and public consultation and brought forward its 10-year Joint Local Health and Wellbeing Strategy (JLHWBS).
2. The ambition of the strategy was for York to become a health generating city, and the overarching vision was that 'In 2032 York will be healthier, and that health will be fairer'.
3. In early 2023, the Board approved the action plan for the strategy, including 28 actions aligned to the ten population health goals intended to cover actions in the first two years of the strategy's life. In January 2025 the Board received a paper summarising progress against these actions. After consideration of this paper the Board agreed to a review and refresh of the action plan.
4. A revised action plan has been produced and this is at **Annex A** to this report. The action plan will be reviewed again in approximately 12 to 18 months and HWBB will receive regular progress updates associated with the delivery of the action plan.
5. The Board are asked to approve the attached action plan and agree to receiving regular progress updates at HWBB meetings.

Background

6. The '**vision**' of the York Joint Health and Wellbeing Strategy 2022-2032 is around both increasing health and distributing that health more fairly. In York, people in poorer communities are dying earlier. Rather than increase the overall life expectancy of the population, therefore, the Board decided to aim to focus on improving healthy

life expectancy (the amount of time spent living in good health) for the city and reducing the gap in life expectancy between the least and most deprived areas.

7. The six '**ambitions**' of the strategy are focussed on the large scale shifts which will be needed by partners in order to achieve this vision:

- Become a health-generating city
- Make good health more equal across the city,
- Prevent now to avoid later harm
- Start good health and wellbeing young
- Work to make York a mentally healthy city
- Build a collaborative health and care system

8. Alongside these, in order to ensure concrete and tangible actions could be planned and measured, the strategy used the Joint Strategic Needs Assessment to identify ten key '**goals**' to focus on in terms of the factors which lead to the greatest health loss and inequality in the city:

- Goal 1: OVERARCHING GOAL: Reduce the gap in healthy life expectancy between the richest and poorest communities in York
- Goal 2: Support more people to live with good mental health, reducing anxiety scores and increasing happiness scores
- Goal 3: Bring smoking rates down below 5% for all population groups
- Goal 4: Reduce from 20% to 15% the proportion of York residents drinking to the Chief Medical Officer alcohol guidelines (under 14 units a week)
- Goal 5: Reverse the rise in the number of children and adults living with an unhealthy weight
- Goal 6: Reduce health inequalities in specific groups: people with a severe mental illness, a learning disability, those from an ethnic minority, or a marginalised group
- Goal 7: Reduce both the suicide rate and the self-harm rate in the city

- Goal 8: Improve diagnosis gaps in dementia, diabetes and high blood pressure, and increase the % of cancer detected at an early stage
 - Goal 9: Reduce sedentary behaviour and increase physical activity by 5% across the whole population
 - Goal 10: Increase the proportion of carers and care users who have their desired amount of social contact
9. The actions in the new action plan are mapped against the ten big goals set out above.

Main/Key Issues to be Considered

10. The action plan has been produced alongside the lead officers for each of the ten big goals. Broad themes have been included for Goal 10, but further discussion is required to identify the specific actions for this goal. The Board is asked to start this discussion at today's meeting and to delegate the identification of the final actions to the lead officers for this goal.
11. Additionally, we will continue to update the HWBB on trends and data linked to the ten big goals.

Options and Analysis

12. Health and Wellbeing Board can:
- a) Agree to approve the action plan at **Annex A** and receive regular progress updates on the delivery of these actions.
 - b) Identify specific actions for Goal 10
 - c) Delegate the identification of specific actions for Goal 10 to the lead officers for this goal.
 - d) Suggest amendments/additions to the action plan
 - e) Not approve the action plan

Recommendations

13. The recommended option is a) and c), to approve the action plan and receive regular updates on the delivery of these actions and to delegate the identification of specific actions for Goal 10 to the lead officers for this goal.

Reason: To ensure the HWBB is actively and effectively delivering on the vision and ambitions set out within the Joint Local Health and Wellbeing Strategy 2022-2032.

Contact Details

Author:

Tracy Wallis on behalf of
Peter Roderick
Director of Public Health
City of York Council

Chief Officer Responsible for the report:

Peter Roderick
Director of Public Health
City of York Council

**Report
Approved**



Date 10.03.2025

Annexes:

Annex A: Action Plan